

# COMMUNITY INFORMATION

### **Riverstone HOA**

18353 University Blvd. Sugar Land, TX 77479 281.778.2222 Hours: Monday through Friday: 9:00am-5:00pm

Customer Care Team

customercare@riverstone.com

Front Desk Administrator

Danelle Andel danellea@riverstone.com

Community Relations & Recreation Director
Nick Deacon nickd@riverstone.com

**Compliance Team** 

compliancedept@riverstone.com

Compliance Assistant

Elisa Maldonado elisam@riverstone.com

Compliance Coordinator

Aby David abyd@riverstone.com

Compliance Coordinator

Cristina Sauceda cristinas@riverstone.com

Compliance Manager

Sean Parker seanp@riverstone.com

Finance Team

finance@riverstone.com

Finance Assistant

Mariona Code marionac@riverstone.com

Finance Manager

Felecia Alexander feleciaa@riverstone.com

**Operations Team** 

operations@riverstone.com

Operations Assistant

Randi Miller randim@riverstone.com

Operations Manager

Julie Kveton juliek@riverstone.com

**Lifestyle Team** 

Assistant Director of Fun

Barbara Mendoza theclub@riverstone.com

Director of Fun

Solomon Delaney solomond@riverstone.com

General Manager

Jaime Villegas jaimev@riverstone.com

**The Manors Townhomes & Patios** 

FirstService Residential Community Manager

Jennifer Meador

713.932.1122

# SERVICES THE HOA CAN PROVIDE REMOTELY

We are pleased to say that nearly all of the services the HOA provides are available remotely. Contact us via email or phone with any questions or concerns you may have during this time—we are still here to help!

Residents can always email us for any of the following:

- New Requests or Updates to your Gate Access (operations@riverstone.com)
- New ARC Applications or questions about an existing Application (ARCModification@riverstone.com)
- Payment Plan Requests for delinquent Assessments (finance@riverstone.com)
- New Resident Set Up (customercare@riverstone.com)
- All other General Questions can always be sent to customercare@riverstone.com and we will help to the best of our ability!

# NEW HOMEOWNERS NEEDING AMENITY CARDS

**Welcome to Riverstone!** To have amenity cards made for you, please email us the following:

- 1. Completed amenity card form (found at www.riverstone.com)
- 2. Deed or closing disclosure

- Individual headshot pictures of each resident over the age of 5. Please label each photo with their name and date of birth.
- 4. Proof of identification (State ID, Driver's License, passport, etc) for all residents over the age of 18.
- 5. Anyone over the age of 18 whose name is not listed on the deed will need to provide additional proof of residence. Examples of acceptable Proof of Residency may include car insurance, utility bill, cell phone bill, etc. and must include the resident's name and current home address.

Each account will receive up to 3 adult amenity cards and at no charge. Each additional adult amenity card after the first 3 cards is \$15.00.

### REPLACING A LOST AMENITY CARD

The replacement of lost Amenity Cards is available for \$15 each.

If you need a replacement Amenity Card, please complete the credit card form found on our website (www.riverstone.com) and email it to us at customercare@riverstone.com. Please also include your home address and a headshot picture labeled with your name and date of birth.

Printed Amenity Cards are available via no-contact pick up at our office, or can be mailed to your home.

### **2022 Annual Assessments**

2022 Annual Assessment Rate . . . . \$1,110

Some homes have additional Neighborhood and/or Lake Assessments in addition to the general Annual Assessment. Contact us at finance@riverstone.com for more info on Neighborhood or Lake Assessments.

### **HOA Board of Directors**



Trey Reichert President



Ning Kang Resident



Tom Wilcox Resident

### **Streetlight Out?**

Contact Centerpoint Energy for repair of streetlights that are not working:

713.207.2222 phone, 713.207.9760 fax or www.centerpointenergy.com/outage

Remember to obtain the 6 digit pole number along with the closest physical address to the street light that is not working. This will allow for faster repair. Please report all decorative street light outages to Riverstone HOA 281.778.2222

## Want to Advertise in the Newsletter?

Please contact Pamela Printing at 281.240.1313

Advertising Disclaimer: Riverstone Homeowners Association assumes no responsibility for the content, warranties and representations made in advertisements within this publication. All warranties and representations made are solely that of the advertiser and any such claims regarding its content should be addressed directly to the advertiser.

## HOA CORNER

## **Compliance Reminders**

The Riverstone Compliance Department encourages all residents to take a few minutes and look over their property for any potential Deed Restriction issue that may result in a violation. We would also like to share the guidelines on political signage and flag displays to help residents determine what is permissible.

Below are some helpful reminders for common items:

Lawn and House Maintenance—Even in the Fall, you may need to mow, weed, and edge your lawn every 7 to 10 days to keep your property and the community looking its best. This is also a great time to check your house for any signs of mildew and to have any mildew, dirt, or stains removed as needed.

ARC Modifications—Reminder that any modification to a property, including landscaping, requires ARC review and approval prior to any work being done. For more information on the Deed Restrictions, to obtain a copy of the ARC application, or to view more of our policies, please visit our website at www.rshoa.org

### **Political Sign Display Guidelines:**

- In accordance with State Law, homeowners are allowed to display one or more signs advertising a political candidate or ballot item for an election during the following time frames:
  - On or after the 90th day before the date of the election to which the sign relates; or
  - Before the 10th day after that election date.

### **Rules For Political Signs:**

- · Signs shall be ground-mounted.
- This policy limits a property owner to displaying only one sign for each candidate or ballot item.



- · Signs that are prohibited include those that:
  - Contains roofing material, siding, paving materials, flora, one or more balloons or lights, or any other similar building, landscaping, or nonstandard decorative component;
  - Is attached in any way to plant material, a traffic control device, a light, a trailer, a vehicle, or any other existing structure or object;
  - Includes the painting of architectural surfaces;
  - Threatens the public health or safety;
  - Is larger than four feet by six feet;
  - Violates a law;

Contains language, graphics, or any display that would be offensive to the ordinary person; or is accompanied by music or other sounds or by streamers or is otherwise distracting to motorists.

### Flag Display Guidelines:

- Residents may display only the following flags on their property.
  - The flag of the United States of America;
  - The flag of the State of Texas;
  - Or an official or replica flag of any branch of the United States armed forces.
- Flags must be displayed in accordance with federal and state codes
- Flagpole in yards must have an ARC application and be reviewed by the ARC Committee prior to installation. Please visit our website for additional details on flag displays.

Thank you for your cooperation!

The Compliance Department

# Annual Assessments Hit Mailboxes Next Month

With the end of the year fast approaching, we want to send out a reminder to be on the lookout for the 2023 Annual Assessment information that will be mailed to all Riverstone property owners next month.

If you have any changes to your mailing address, please contact us no later than Friday, November 4th, or log on to your resident portal to update your account. A link to your Resident Portal can be found on our website, www.rshoa.org.

Assessments are levied annually to enable the HOA to pay Association Expenses; including maintaining and improving common

areas, as well as other general purposes that promote the common benefit for Riverstone residents. More information, including payment options, will be included in the assessment mailing.



### All Annual Assessments are due on January 1, 2023

For questions about the 2023 Annual Assessment or mailing address changes, please contact the Finance Department at finance@riverstone.com. We're here to help!

## HOA CORNER

# **Getting into the Halloween Spirit**



Rain or Shine—Kids (and adults!) always love to celebrate Halloween every October 31st. Here are some great tips and tricks to ensure everyone has a ghoulishly good time!

- 1. Use Your Porch Light!

  If you're celebrating by handing out goodies, leave your porch light on!

  If you won't be home, or aren't celebrating, turn your porch light off. That's the signal for children and their parents to keep moving on to the next house.
- 2. Always hand out pre-packaged treats or candy alternatives like pencils or small, inexpensive toys. Home-made treats are traditionally discarded by the parents for safety reasons.
- 3. Consider being a part of the Teal Pumpkin Project. The Teal Pumpkin Project is a worldwide movement to create a safer, happier Halloween for all kids. Putting a teal pumpkin on your door-

step means you have non-food treats available. Stickers, erasers, crayons, pencils, coloring books, and sealed packages of raisins and dried fruits are good choices. This simple act promotes inclusion for trick-ortreaters with food allergies or other conditions.



- 4. Put your Pets away. You're sure you have the friendliest dog in town, but the 5-year-old at your door isn't so sure. Consider keeping Fido away from the front door for the evening.
- 5. Make sure you have a clear path to your porch. Remove anything that could cause trick-or-treaters to trip or fall on your walkway or lawn, and keep your plants safe from over-excited kids.
- 6. Eat a healthy meal or snack before trick-or-treating. Going trick-or-treating on an empty stomach can lead to overeating, so be sure your kids eat a nourishing meal or snack beforehand.
- 7. Most of all—Have Fun!!

# Have a Fang-tasticly Safe Halloween!

## Walk Safely

- Cross the street at corners, using traffic signals and crosswalks.
- 2. Look left, right and left again when crossing and keep looking as you cross.
- 3. Put electronic devices down and keep heads up and walk, don't run, across the street.
- 4. Teach children to make eye contact with drivers before crossing in front of them.
- Always walk on sidewalks or paths. If there are no sidewalks, walk facing traffic as far to the left as possible. Children should walk on direct routes with the fewest street crossings.
- 6. Watch for cars that are turning or backing up. Teach children to never dart out into the street or cross between parked cars.

# **Keep Costumes Both Creative and Safe**

- 1. Decorate costumes and bags with reflective tape or stickers and, if possible, choose light colors.
- 2. Have kids carry glow sticks or flashlights to help them see and be seen by drivers.

## **Drive Extra Safely on Halloween**

- Slow down and be especially alert in residential neighborhoods. Children are excited on Halloween and may move in unpredictable ways.
- 2. Take extra time to look for kids at intersections, on medians and on curbs.
- 3. Enter and exit driveways slowly and carefully.

4 OCTOBER 2022

## NEIGHBORHOOD NEWS

## **Riverstone Business Spotlight**









Riverstone residents and pharmacists Harin Kalyanji and Vandita Shah are on a mission. A mission to make an impact on the larger community by placing patients' health first and removing barriers to health care.

The two opened The Chemist Pharmacy, a retail and compounding pharmacy, May 2022. Compounding pharmacies differ from other pharmacies in that they prepare customized prescription medications that commercial drug manufacturers cannot, said Kalyanji, who is also the business development manager.

"It involves mixing ingredients to create a pill, cream or ointment that suits a patient's needs in terms of strength, dosage and form," he said. "Patients may need compounded medications for several reasons, including adding flavoring to a poor-tasting medication, having an allergy to inactive ingredients in a premade medication, needing access to a critical medication that's unavailable or on backorder, needing a different medication dosage form (for example a liquid instead of pills) or needing a specific medication strength."

These compounds are most used for hormone replacement therapy, veterinarian products and custom creams for dermatology or pain management as well as custom dosage forms such as capsules, creams and solutions.

"Someone should consider a compounding pharmacy when commercial products are not providing the solution to their ailment or need," Kalyanji said. "Oftentimes, patients and prescribers are unaware that medications can be customized to fit the needs of the individual.

Both Kalyanji and Shah boast extensive qualifications. Shah graduated from Temple University School of Pharmacy in 2009. She worked in many retail pharmacy sectors, including chain, mail order and independent stores. Kalyanji graduated from the University of Hous-

ton College of Pharmacy in 2014 and has worked in home infusion, specialty and long-term care. This diversity of experience allows the pharmacists to help patients overcome barriers to health care.

"Over the years, we've learned where gaps occur in healthcare, and our mission is to close those gaps to help the community live a health-ier life," Kalyanji said. "Among our services, we have concierge level care and coordination with doctor offices on behalf of patients, same day delivery to patient's home or work, after-hour services for urgent matters and general wellness products and services."

On the retail side, they carry all prescription medications that your doctor may prescribe for all disease states and dosage forms. All major forms of insurance are accepted. In addition, they can offer discounts for the uninsured and underinsured. While most compounds are not covered by insurance, the pharmacists make every effort to have cost not be a barrier to care.

They also provide wellness and clinical services, including immunizations (COVID, flu, travel vaccines, shingles, etc.) and high-quality vitamins and supplements.

Kalyanji said the two are proud and excited to be an integral party of the community's health.

"We have the tools and knowledge to help make differences in all specialties of medicine," he said. "Our motto is we're a new element in pharmacy. At The Chemist Pharmacy, you are not a statistic or a prescription number, you are the center of our model. Our mission is to the close healthcare gaps for the betterment of your health."

The Chemist Pharmacy is conveniently located at 4821 LJ Parkway at Riverstone Plaza.

To learn more, visit their website at https://thechemistpharm.com or give them a call at 281.969.7346.

# IN YOUR COMMUNITY

## **Fort Bend County Nonprofit Spotlight**



More and more Fort Bend families are facing an impossible choice. They can pay their rent or feed their children. Helping them to bridge that gap is Second Mile, a faith-based ministry offering food, services and hope for a better tomorrow.

Founded in 1990 by a group of concerned men and women, Second Mile provides a food pantry, resale shop, educational programs, financial assistance and more to Fort Bend families in need. A need that is ever growing said Julie Johnston, Director of Communications for Second Mile.





"Over the past six months, we have found that we are serving more and more people," Johnston said. "Our neighbors are reporting to us that the rising cost of gas, rent and food is having a great impact on their ability to pay bills."

In 2021, 60 percent of families that received services from Second Mile were Fort Bend residents. An estimated 30 percent of individuals were children, 60 percent were adults ages 18 to 64 and 13 percent were seniors ages 65 and up.

Among the many programs offered is Park & Pick Up, which allows families to

make an appointment to pick up groceries. Second Mile also provides fresh produce through food fairs hosted by partner organizations throughout the county. Last year, more than 51,000 people received fresh fruits and vegetables at these fairs. A recently launched program brings food to those who cannot afford to travel.

"We also know that for our neighbors that live farther away from us, the cost of gas to get to us can be overwhelming," Johnston said. "Because of this, we have launched a Grocery Drop Off program that brings the food to our communities that are most in need."

Hunger, Johnston said, is a symptom of the larger problem of living in poverty.

"Hunger is a problem in our community, and with that comes other issues," she said. "Issues like anxiety about where the next meal will come from, hard decisions about which bills to pay or not pay in order to put food on the table and general depression that comes from consistent worry and fear."

To combat these issues and help lift their neighbors out of poverty, Second Mile offers an array of services.

"We know that simply providing food is not enough to help a person out of poverty," Johnston said. "This is why we offer classes on financial education, employment skills, health care and more that help our neighbors take long term steps out of poverty. We have found that when our neighbors feel supported and empowered, they will take these critical steps toward a healthier future. We love walking beside them as they do it!"

The programs Second Mile offers would not be possible without partners, volunteers and donations from the Fort Bend community.





"Between floods, freezes, the pandemic and now inflation, there is always a real need in our community," Johnston said. "We are only able to serve our neighbors because of our amazing partners. From our financial supporters to our warehouse volunteers, we are able to leverage our resources to make a real change in our community."

Riverstone residents can assist Second Mile by bring canned and non-perishable food items to The Club at Riverstone during our annual Holiday Market, 5 to 9 p.m. Friday, Nov. 18. Your donation will entitle you to light hors d'oeuvres, three signature cocktails and a custom shopping bag while supplies last.

You can also visit the Second Mile website at https://secondmile.org to make a donation or sign up to volunteer.

6 OCTOBER 2022

## HEALTH AND FITNESS



Lindsay Marsh 281.778.2006

## The CLUB at RIVERSTONE

### **Fitness Center**

**Gym Hours** 

Mon-Thurs: 5am-9pm

Fri: 5am–8pm Sat: 8am–5pm Sun: 10am–5pm

### Contact Us

Do you have questions about the Fitness Center or any of our Services? Contact us at FitnessDirector@Riverstone.com!



Have you ever gone to the gym and felt totally out of your element? Come ask us! Your fitness team is here to help and we have a new Beginner's Workout just for you! We are happy to give you a tour of the facility and help you learn how to use the equipment. Just come ask us!



# JOIN US FOR FREE GROUP FITNESS CLASSES!

**Zumba**—A fun and effective workout combining Latin and International music with a fun and effective workout system. Come Join the Party!

Tuesday 6:00pm-6:45pm

**HIIT—New Format!** A workout combining strength training and cardiovascular fitness for a quick and efficient workout.

Wednesday 8:00am-8:30am

**Yoga**—This flow yoga will focus on strengthening, lengthening, and stretching through a creative series of postures.

Thursday 5:30pm-6:30pm

All classes meet at The Club at Riverstone. Please reserve your spot in the Riverstone App under Fitness Classes. Small group training may be offered for an extra fee, please see the app for more information. No guests are allowed to take the complimentary fitness classes.



## FALL INTO FITNESS BINGO

Come to the fitness center to get started on this October Fitness challenge. Grab a Bingo card from the front desk and get to work! Try to perform the exercise in each box and mark the date of completion. Finish a row to get a Bingo and we'll post your card in the Fitness Center! If you turn in a blacked-out Bingo card by November 1, you'll be entered into a raffle for a FREE GIFT!

Starts Saturday, October 1. Contact Lindsay at fitnessdirector@riverstone.com for more details.



## PRE-HOLIDAY GET FIT SMALL GROUP TRAINING

Keep an eye out in the gym for more information about this new small group training beginning October 31! Get ready to go into the holidays fit and motivated to keep going! Reach out to Lindsay at fitnessdirector@riverstone.com for more information.

Starts October 31. Contact Lindsay at fitnessdirector@riverstone.com for more details.



## Welcome New Personal Trainer, Kaja Zdilar

Riverstone resident Kaja Zdilar is lending her lifelong passion for health and fitness to Riverstone's Fitness Center.

She is currently teaching Wednesday's 8:00am HIIT! class and is looking forward to offering small group training in the future. She is also available for personal training! We are so excited to have her on our fitness team! Contact fitnessdirector@riverstone.com for more information.

## **TENNIS**

# Riverstone's Tennis **Professionals**



Giorgio Botto
Tennis Director
TennisPro@Riverstone.com
713.515,2946

# Wayne Tennis Pro Rollockwayne392@gmail.com 310.256.6483

### **Junior Tennis**

- Fall junior tennis runs from August 15th through December 17th.
- Fall session 3 runs from October 10th through November 5th (4 weeks), cost \$76.
- All registrations are done through the Riverstone app.

### **Adult Tennis Classes**

- Beginner/Advanced Beginner Tuesdays, 8:00pm-9:00pm.
- Intermediate/Advanced Intermediate Mondays, 8:00pm–9:00pm.
- Cost is \$76 per person for the session (4 weeks) or \$20 for drop-in.
- · Registration required.

### Racket Stringing Services

Riverstone now offers racket stringing through our Tennis Professional Giorgio. Giorgio has strung rackets for world class players including Roger Federer. Cost is \$20 for labor plus strings. Contact TennisPro@riverstone.com for more information.

### Men's Round Robin Tennis

Would like to congratulate Humza Khurshid for winning our 2022 men's round robin tournament. Kumza went undefeated throughout the season and playoffs without losing a set. 2023 Men's Round Robin will start the first week of March, to sign up just email TennisPro@riverstone.com as it gets closer to starting date.

## **Tennis Calendar**

All events require registration.
All programs are 8:1 ratio per court.

#### Monday

October 3rd, 10th, 17th, 24th, 31st

- 4:30–5:30pm—Junior Tennis Academy, ages 5–7
- 5:30–6:30pm—Junior Tennis Academy, ages 14+
- 8–9pm—Adult Intermediate/Advance Intermediate Group Lesson

#### Tuesday

October 4th, 11th, 18th, 25th

- 4:30-5:30pm—Junior Tennis Academy, ages 8-10
- 5:30–6:30pm—Junior Tennis Academy, ages 11–13
- 6:30-7:30pm—Junior Tennis Academy, ages 5-7
- 8–9pm—Adult Beginner/Advance Beginner Group Lesson

#### Wednesday

October 5th, 12th, 19th, 26th

- 4:30–5:30pm—Junior Tennis Academy, ages 8–10
- 5:30–6:30pm—Junior Tennis Academy, ages 5–7
- 6:30–7:30pm—Junior Tennis Academy, ages 11–13

#### **Thursday**

October 6th, 13th, 20th, 27th

- 4:30–5:30pm— Junior Tennis Academy, ages 14+
- 5:30–6:30pm—Junior Tennis Academy, ages 11–13
- 6:30–7:30pm—Junior Tennis Academy, ages 8–10

#### **Friday**

October 7th, 14th, 21st, 28th

- 4:30–5:30pm—Junior Tennis Academy, ages 5–7
- 5:30–6:30pm—Junior Tennis Academy, ages 8–10
- 6:30–7:30pm—Junior Tennis Academy, ages 11–13

### **Saturday**

October 1st, 8th, 15th, 22nd, 29th

- 9–10am—Junior Tennis Academy, ages 11–13
- 10-11am—Junior Tennis Academy, ages 8-10
- 11am-12pm—Junior Tennis Academy, ages 5-7

## **Tennis Court Etiquette**

- Talk quietly when standing near tennis courts that are in use so as not to disrupt players on adjacent courts.
- Never walk behind a court when a point is still in play. Wait until the point is over and then cross as fast as possible to get to your own court.
- When sending balls back to a neighboring court, roll them on to the back of the court.
- Never send them back while play is in progress. Also, if one of your balls rolls into an
  adjacent court, don't run after it, just wait for your neighboring court to return the ball
  when it's convenient.
- When reserving courts please be considerate to other residents by cancelling your reservation when you know that you will not be using it.

### **Unauthorized Tennis Lessons**

Recently there has been an increase of tennis lessons at Riverstone by unauthorized tennis pros. Please keep in mind that HOA rules prohibits the teaching of tennis lessons by unauthorized persons.

### **Tennis Court Reminders**

- Court #6 at The Club at Riverstone and court #9 at Riverstone Blvd are designated as walk on courts.
- Please remember all tennis court reservations are now available through the Riverstone app only.
- Remember that court reservations will be forfeited after 15 minutes of not showing up for scheduled start time.
- Tennis courts are for the use of tennis or pickleball play only. Any other sports or equipment are strictly prohibited. For more information refer to rule #4 at the Resource Center under Community Info.

8 October 2022

# RIVERSTONE EVENTS

## RIVERSTONE FALL GARAGE SALE

Join us at Riverstone's Fall Community Garage Sale for a great opportunity to get rid of clutter, spend time with fellow neighbors, and make some money at the same time. This bi-annual sale is publicized online and usually has a good crowd of shoppers looking for treasures.

Mary Had A Little Party food truck will be onsite selling coffee and breakfast snacks and a donation truck will be on hand in the event you choose to donate any unsold items. There will also be a shred truck onsite.

Get your vendor space now: \$10 One Space, \$15 Two Spaces.

Vendor spaces are limited and residents must register and submit payment by visiting the Riverstone App or https://riverstone-fall-garage-sale.eventbrite.com.

Spaces will be sold on a first-come, first-served basis. Please remember garage sales are not allowed at individual homes and this event has limited space available! The maximum is two spaces per household and space numbers will be assigned by the Riverstone Lifestyle Team.



Saturday, October 1st • 8am-11am

The Club at Riverstone



## TODDLER ZUMBINI Happy Hour for You and Your Toddler

Zumbini combines music, dance and educational tools for 45 minutes of can't-stop, won't-stop bonding and fun. Tap your toes, sing-along and get lost in a program that combines early childhood development with the magical joy of Zumba. Designed for children ages 0–4, and their caregivers, Zumbini will help your little one's

social, cognitive, emotional, and motor skills.

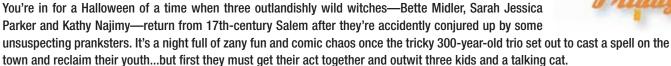
This event is being facilitated by Kendra Rydolph, a Licensed Zumbini Instructor.

Friday, October 7th • 10am-11am

The Club at Riverstone

## BITE NITE FRIDAY

Join us on Friday, October 7th for our fall edition of Bite Nite Friday! Food trucks will be rolling into Riverstone with delicious bites for the whole family. A live DJ will be onsite playing popular tunes along with face painters, balloon twisters and bounce houses. At sundown we are showing Hocus Pocus (PG) on a 25ft inflatable screen. We cannot wait to see you!





American Lobster—American Lobster & Seafood is bringing the best lobster and seafood ashore, a food truck that's committed to the freshest of fish on the go. This family owned and operated affair specializes in authentic lobster rolls, but you'll find a whole lot more if you give 'em a visit.





Mary Had a Little Party—Vintage ice cream shop complete with sundaes, shakes, malts and other soda shop treats!

**Spinfully Sweet Cotton Candy**—Spinfully Sweet provides a unique flavor of experience beyond the traditional pink or blue cotton candy you're used to. All of our floss is made by hand, in small batches.

Friday, October 7th • Food Trucks & Fun 5:30pm-8pm

Movie Beginning at Sundown • The Club at Riverstone

# FOCUS ON FUN



## TODDLER STORY TIME

You are in for a treat! This Halloween themed story time will be filled with songs, stories, a craft and spooktacular fun. Put on your dancing shoes, singing voices, listening ears and prepare your toddlers for a fun start to the day. This event is being facilitated by multi-award-winning author Maria Ashworth.

Tuesday, October 18th • 10:30am-11:30am

The Club at Riverstone

## RIVERSTONE 2022 WICKED FUN RUN

Race participants are in for scary 5K fun during the Riverstone Wicked Fun Run!

Benefitting Sole Loved, the race begins at The Club at Riverstone, 18353 University Boulevard, and includes timed competitive and non-competitive waves. Participants will receive t-shirts and be treated to water, fruit, healthy snacks and a photo booth.

The race fee is \$35 for competitive racers and \$25 for non-competitive participants. Participants can choose to donate new kids' tennis shoes of equal value to the race fees instead. Refunds will be given once you turn in your shoes during pre-packet pickup or the day of the event.





The Club at Riverstone

## TIPS FROM RIVERSTONE FITNESS DIRECTOR, LINDSAY MARSH:

Worried about being prepared for race day? Don't be! Use the suggestions below to help make the morning WICKED FUN!

To feel your best on race day, it helps to do some advance planning.

- Conditions: Mimic race-day conditions during training when possible. For example, the run starts at 8 am, try to do some of your training early in the morning so that your body gets used to exercising at that time of day.
- Fuel: Determine what kind of pre-training fueling works best for you. You don't want race-day stomach issues to derail your experience. Test different pre-training snacks or beverages during training and use that strategy on race day.
- Gear: Wear gear that is familiar to you. Race day is not the time to try out new shoes or running apparel. The night before the race, lay
  out your best running/walking shoes and most comfortable workout outfit, along with your bib number and any snacks or beverages
  that you plan to bring to the starting line. Then when you wake up on race day, you'll have less to think about and you can direct your
  focus to having a great experience at Riverstone's Wicked Fun Run!



## TRAIL OF TREATS

Come enjoy the popular Riverstone Trail of Treats—trick or treating with your neighbors at The Club at Riverstone Event Lawn! Dress up in your favorite Halloween costume and enjoy the various trail stops giving away candy, glow items, and other sweet treats. Face painters will be on hand to help complete your disguise and several games/contests will keep the spirits high.

Mark your calendars and get your costumes ready!

Want to setup a booth for this event? Please email your Director of Fun at directoroffun@riverstone.com for more info! This will give you an opportunity to promote your business to our residents.

Saturday, October 29th • 4pm-7pm

The Club at Riverstone



# BLAST FROM THE PAST

"A mother's love doesn't make her son more dependent and timid, it actually makes him stronger and more independent".

This was definitely displayed during our Mother & Son Dance that took place Sunday afternoon on September 18th. Sons competed in different games for a chance to go home with a prize and the mothers even got in on the action. Listening to popular hits, crafts and food made a great afternoon of mother-son bonding time.



















Firewood









### Richard J Patton II, AAMS\*

Financial Advisor

9029 Hwy 6 Suite 130 Missouri City, TX 77459 281-778-6499

Edward Jones MAKING SENSE OF INVESTING

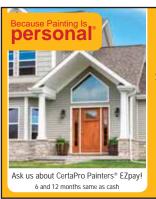
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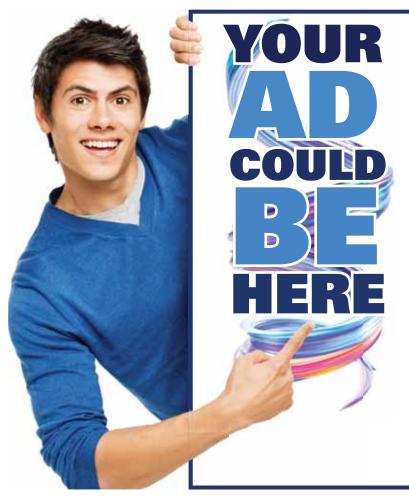
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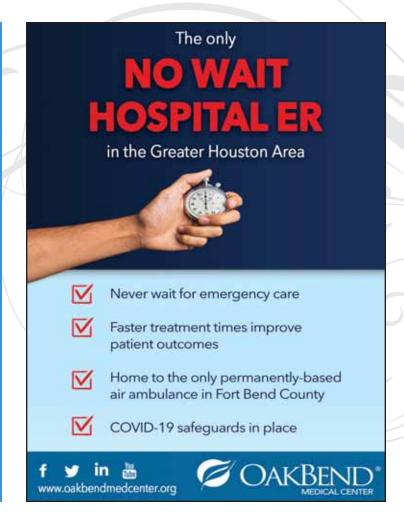


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## **Email Blast Reminder**

## Do you receive community emails regarding events?

If you do not, SUBSCRIBE TO THE LIST TODAY on www.rshoa.org

Once you are on the website, simply complete the information on the "Subscribe" section found at both the top right and bottom left of the page. When you submit, you will automatically be signed up to receive the eBlasts.

Note: If you unsubscribe to one eBlast, you will no longer receive any of them in the future.

## CHECK US OUT!



**LUKE APP:** With the LUKE App you can report common area work order requests directly to the Association. Download the App for Apple or Android by visiting www.getluke311.com.



**RESIDENT PORTAL:** Visit www.riverstone.com/residentsaccountportal to view your HOA payment history, or to make a payment via credit/debit card or echeck.

**WEBSITE:** Visit our website at www.rshoa.org to view the most up-to-date information about events, changes to office hours, access HOA governing documents and guidelines, and more.



**RIVERSTONE APP:** From the Riverstone App (available for Android and Apple) you can view updates about events, make tennis court reservations, view public park locations, and more.

Riverstone is proud to be a Johnson Development community. Our Houston-area communities include:



























